

**Health and Wellbeing projects and activities
FUNDING APPLICATION**

• Applicant:

Organisation. Wilton Community Land Trust

• Amount of funding required from the Area Board:

£3,600

• Are you applying on behalf of a Parish Council?

No

• If yes, please state why this project cannot be funded from the Parish Precept?

• Project title

Older Persons Champion

• Project summary: (100 words maximum)

Working with the older community to encourage integration and participation in local activities. This will be done by working closely with existing groups to signpost to a range of appropriate activities. This funding will allow the continuance of the successful work delivered by the Older Persons Champion in the Wilton Community and surrounding area. These areas are - Wilton Town, Quidhampton, Netherhampton, Burcombe, Dinton, Barford St. Martin, Teffont, Great Wishford, South Newton, Compton Chamberlayne, Chalke Valley, Fovant, Bishopstone, Stratford Tony, Alvediston and Ebbesbourne Wake.

The Community Land Trust is applying for the funds on behalf of Val O'Keefe who has held this post for two Years, The Service has had a very positive start and Ms O'Keefe is keen to deliver more activities and offer more support to a hard to reach, vulnerable part of the community. We request continued support from the Area Board to for this role.

• Which Area Board are you applying to?

South West Wiltshire

• What is the Post Code of the place where your project is taking place?

Wilton and the surrounding areas

• Please tell us which themes best describe your project:

Older People Support/Activities
Carers Support/Activities
Promoting physical and mental wellbeing
Combating social isolation
Promoting cohesive/resilient communities
Arts, crafts and culture
Safer communities
Inclusion, diversity and community spirit

If Other (please specify) Continuity (speaking, telephoning, emailing the same person/me) if there is a problem or requiring advise. I find older people & their families like continuity

10. About your project

Please tell us about your project (a strong application will address all of the following):

How does your project support local needs and priorities?

Older people need access to a broad range of community activities to help stave off loneliness. Loneliness correlates strongly with other problems such as poor physical and mental health. Older people also need access to reliable transport, safe environments and community spaces. The Older Persons Champion is able to reach the most isolated in our communities.

Ms O'Keefe works with local, rural pubs running afternoon Teas, Lunches and Surgeries at Day Centres to refer or chat about local events they might enjoy. These events provide friendship and an ongoing support network for the elderly. Between the events they regularly catch up either on the telephone or with Chats over a cuppa.

How many older people/carers to do you expect to benefit from your project?

There has been positive uptake from older residents on the offer of help and support. For year end 2016 - 232 people have been helped in Wilton and the surrounding areas. This has generated over 135 referrals to service providers who can support older people and help them live longer in their own homes. The 232 people have been supported with visits, telephone calls and transport.

How will you encourage volunteering and community involvement?

When Family, Friends and carers see the benefits of the elderly feeling less isolated and lonely, people are only too happy to help. Volunteers just need to be asked, encouraged and advised how they are appreciated and needed, I also like to support and ask younger people, they like to feel needed + they could have the FREE time in between School schedules + energy to help. If it was not for Volunteers & voluntary services who support our elderly by driving, befriending, attending Lunches/Teas, Day Centres, Shopping, Support Groups.... Etc. they would not survive. I advertise myself as The older persons Champion by 'word of mouth' 'Newsletters' 'articles' 'Community/rural groups' 'Dr's/community nursing' 'Health & wellbeing meetings' 'Parish Councils' 'Day Centre Organiser' 'emails which include my details' + 'attending & being proactive with other community Projects'

How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?

To keep the community informed I have produced a directory listing the activities available in the area which is regularly updated (see attached) I am able to signpost any member of the Community who approaches me to the right supporting body.

Transport – LINK, Community Transport, volunteers, Taxis

Disability – Community Bus, family, friends, carers support.

Low-income – referrals, health professionals, carers, confidentiality, W.C. financial support groups.

How will you work with other community partners?

The Older persons Champion works closely with a number of services already in place in Wilton to help older people engage and participate in the Community and to access resources.

These include -

The Thursday Lunch Club at the Community Centre (openly access information) Langfords Wednesday meet, Dinton Pub Lunch Thursday Once a Month, South Newton Tuesday club meet, Chalke Valley Thursdays, Coombe Bissett Pub Lunch, Church community groups, giving clients an opportunity to invite help & refer when required.

LINK Team

Doctors Surgeries – referreral to/by GP/Nurse/Health workers.

Parish Councils

Parish Churches

Day Centres, Clubs,

Safe & well scheme referrals

Bobby van

Community police

Community Managers networking & advertising

Health, exercise classes/falls awareness

Health Centre, Matron and Nurse Referrals and ongoing assistance. addition to forming close working relationships with many of the service provider in Wilton, Chalke Valley & Fovant, promoted through contact with open talks eg. PC's, Community Centres, Health & wellbeing meetings, Safe & well, Bobby van, Community Police, Social meets 'Stroke club' 'Over 60s' Pub Meets

11. Safeguarding

Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?

Ms O'Keefe is a qualified first aider, DBS Checked and Insured.

How will you know if your project has been successful? *required field

The project is already working successfully. It started in 2016 and is regularly referring and helping 10 people weekly

A diary of guests is kept and regular feedback is taken to keep the activities relevant and to assist with future growth and new programmes.

13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?

We will apply for further funding

14. If this application forms part of a larger project (eg. building of new village hall), please state what this project is and approximately how much the overall project will cost

• **Finance:**

15a. Your Organisation's Finance:

Your latest accounts:

Month Year

Total Income:

£

Total Expenditure:

£

Surplus/Deficit for the year:

£

Free reserves currently held:

(money not committed to other projects/operating costs)

£

Why can't you fund this project from your reserves:

15b. Project Finance:

Total Project cost

£ 3,600 (£15 per hour x 5 hours per week x 48 weeks per year)

Total required from Area Board

£ 3,600

Expenditure

£

Income

£

Tick if income confirmed

NB. If your organisation reclaims VAT you should exclude VAT from the expenditure
(Planned project costs [help](#))

(Planned Income [help](#))

Total

Total

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? *required field

No

17. Please list which area boards you are intending to apply, including this one (You can apply to a maximum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11

18. DECLARATION

Supporting information - Please confirm that the following documents will be available to inspect upon request (You DO NOT need to send these documents to us):

Quotes:

I will make available on request 1 quote for individual project costs over £500 & 2 quotes for project costs over £1000 (Individual project costs are listed in the expenditure section above)

Project/Business Plan:

For projects over £50,000: I will make available on request a **project or business plan** (including estimates) for projects where the **total project cost** (as declared in the financial section above) exceeds £50,000 (tick only when total project cost exceeds £50,000).

Accounts:

I will make available on request the organisation's **latest accounts**

Constitution:

I will make available on request the organisation's Constitution/Terms of Reference etc.

Policies and procedures:

I will make available on request the necessary and relevant policies and procedures such as Child Protection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and Environmental assessments.

Other supporting information (Tick where appropriate, for some project these will not be applicable):

I will make available on request evidence of ownership of buildings/land

I will make available on request the relevant planning permission for the project.

I will make available on request any other form of licence or approval for this project has been received prior to submission of this grant application.

And finally...

I confirm that the information on this form is correct, any award received will be spent on the activities specified.

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